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> Development and Validation of the Study Circle Model in Higher Education: The Application of Structural Equation Modeling Hasina Banu Shirin<sup>1</sup>, A.Y.M. Atiquil Islam<sup>2</sup>, Mohammad Serazul Islam<sup>3</sup>

#### ABSTRACT

The study circle (*Halagah*) program has been introduced by one of the Islamic universities in Malaysia to disseminate the knowledge and skills for overcoming the drawbacks and challenges among students, which is a unique system for learning. However, there has been no research conducted to evaluate the students' motivation to involve in the study circle program. Hence the purpose of this study is to develop and validate the measurement model of study circle for assessing the students' confirmation and motivation to involve in study circle program in higher education. A total of 200 undergraduate students were involved in the study circle program. They were from various bachelor degree programs such as Islamic Revealed Knowledge and Human Sciences, Economics, Engineering, Education, and Information and Communications Technology. The questionnaires' validity was performed using Exploratory Factor Analysis (EFA). The findings as analyzed by Structural Equation Modelling (SEM) revealed that the overall fit indices showed a satisfactory fit to the empirical data:  $\chi^2$  (df = 86) = 184.971; p = 0.000; RMSEA = 0.068; CFI = 0.931; TLI = 0.916. The parameters were free from offending estimates. The results also contributed toward successful integration of study circle by developing and validating the measurement model of study circle in higher education. The significance of this study stands on its contribution to developing and validating the study circle model that could be applied by future researchers in the diverse context of higher education.

*Keyword:* study circle, structural equation modelling, higher education, exploratory factor analysis

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## INTRODUCTION

Students of this new generation are not so concerned about Islamic rules and regulations. So, they can automatically go astray. Islamic universities play a paramount role to rescue the students from unexpected perilous condition. To disseminate the knowledge and skills for overcoming the drawbacks and challenges, a Malaysian Islamic university has introduced 'Study Circle' (Halagah) under Credited Co-curricular Activity Centre (CCAC). On 25th May, 2001 the University Senate meetings approved the establishment of the CCAC which was formally established in July, 2001. This CCAC credited different types of modules and programs which are study circle, leadership and management skills, communication and debating skills, sports and physical program to education. The target of this university is to apply all these programs for generating graduates to serve the Ummah. Consequently these graduates will be capable to overcome all the challenges of this Universe and also will be better to pursue the true meaning of *Ihsan* which is a wide-ranging perception. *Ihsan* has been derived from the word ahsan; the actual meaning of ahsan is the best. Therefore by comprehending the proper connotation of *Ihsan* individuals accomplish their duty professionally, dexterously and with concrete Adab. Regarding Ihsan one Hadith has been narrated explicitly by Abu Huraira that one day our Prophet Mohammad (SWA) was asked by the angel Gabriel "What is Ihsan (perfection)?" In reply the Prophet (SWA) said:

"To worship Allah as if you see Him, and if you cannot achieve this state of devotion then you must consider that He is looking at you" (Shahi al-Bukhari, Volume 1, No 47).

Among all programs of CCAC this study only focuses on the Study Circle program. Study Circle is considered as the garden of *Nur* and *Yaqin;* where *Nur* is pondered as an opposite supervision of people who are intensely indulged into the *fitna* of this *akhir zaman. Yaqin,* on the other hand, is considered as the explicit approach to face all the natural impediments of this mundane world such as trial, enticement, lure, and failures. The whole issues of *Iman* are the whole issues of *Yaqin*. Entering into this garden of *Nur* and *Yaqin* students learn the lesson of *Haqq* (fact) and *Batil* (falsehood). The head of the CCAC Shuriye (2011) cites, "Halaqah is not just reading classical manuscript rather it is a discussion on a particular theme, point, issue or a topic; something similar to . . . round-table forums or seminars" (p. 106). Students of the Islamic university are expected to enlighten their lives by the vivid religious light of the Study Circle program.

Study Circle is a compulsory and required program like all other programs of CCAC for accomplishing graduation together with the well-established education curriculum. This Study Circle is like a platform to build a successful *Ummatic* future and it is positioned on the three pillars which are familiar as '3T' namely 'Tafahum', 'Ta'aruf' and 'Takaful'. Here 'Tafahum' refers to purifying the mind and heart, 'Ta'aruf' is identifying strengths and weaknesses of the *Ummah* and 'Takaful', likewise, denotes consolidating leadership and followership. Three pillars of education (Tarbiyah) which are also known as '3T' have been introduced in Study Circle. These '3T' are respectively 'Ta'lim adab Ahli Dunia', 'Tadib adab Ahli Deen' and Tazkiyah adab Ahli Khusus'. Through these pillars Study Circle encourages students to develop their spirituality, morality and personality.



Nevertheless the idea of these pillars of *Halaqah* and education "*is not a mere process of engagement but a dynamic method to obtain value-laden graduates*" (Shuriye, 2011, p. 101). Students of Study Circle learn about the three categories of *Adab* namely, '*Adab Ahli Dunia*', '*Adab Ahli Deen*' and '*Adab Ahli Khusus*'. The teaching of '*Adab Ahli Dunia*' relates to memorizing of oratory and beautiful expression, rhyme, and citation which are needed to go forward in this worldly life. The second category of '*Adab Ahli Deen*' is obligatory to train the personality, discipline the organs of human body, observe the limitation of the worldly life and abandon the lust and vehement desire for the world. '*Adab Ahli Khusus*' is taught to purify the heart and soul, be aware of Allah's administration in solitude, fulfil promises with others, observe time, awareness of vulgarity of mind and thought, and to maintain *Adab* in a state of commitment. Therefore, the Islamic university upholds these perceptions by Study Circle program for instilling the best moral and ethical value-laden Islamic philosophy into the graduates. For infiltrating and imparting Islamization of knowledge as well as religious values, Study Circle possesses certain visions and missions which are as follows:

The vision:

- Develop the right understanding and thought in the name of Allah the Almighty.
- Enhance and manifest it in the right speech and action.
- Visualize the right means of livelihood.
- Exhibit the right effort and concentration, meditation.
- Liberate ourselves from the slavery of Thought and desire.
- Obtain the real happiness in this world and the hereafter.
- Praise Allah for his *Taufiq* and *Hidayah*" (Study Circle Module, 2007).

The mission:

- Venture into the prime institutions and global market.
- Interact with all levels of society, community and nations.
- Show them the root of evil and formulae to solve it.
- Identify who are our real enemy.
- Organize the team and leadership.
- Nurture the conscience and inner strength" (Study Circle Module, 2007).

Through these missions and visions study circle is aimed at disseminating Islamic knowledge among IIUM students. The Ministry of Higher Education (MOHE) has outlined seven soft skills for the Credited Co-curricular Activity Centre (CCAC) of International Islamic University Malaysia as shown in Figure 1.



Figure 1. Seven soft skills to be inculcated in students.

All undergraduate students are given practical knowledge on these seven soft skills from the Islamic perspective. By the perception of these seven soft skills Study Circle attempts to divulge intrinsic worth, edify the awareness and personality, amplify concrete understandings, improve aptitudes and heighten abilities and temperament of the graduates of the Islamic university. CCAC can be considered as a sanctified tree where the leaves and fruits stand as the symbol of skills, the trunk is the symbol of leadership and the roots of the tree are excellent example of spirituality. In the Holy Qur'an Allah (swt) declares:

"Have you not considered how Allah presents an example, [making] a good word like a good tree, whose root is firmly fixed and its branches [high] in the sky?" (Surah Al-Ibrahim, verse-24).

Study Circle provides this spiritual knowledge among all graduates to enhance their cognizance, acuity, religious values, management aptitudes and worldview. To receive firm *Yakin* (certainty of belief) *al-Iman* and to stimulate learners Study Circle inculcates seven wonders namely, Love, Fear, *Ikhlas, Tawakkal, Sabar, Shukur,* and *Raja'* (hope).



In addition, CCAC offers some diverse and optional courses which point towards a great contribution of CCAC for "building of balanced personality and enriching one's experiences in life" (Shuriye, 2011, p. 103). The following Figure 2 spells out the whole study plan and noticeably demonstrates entire programs controlled by CCAC. The paramount purpose of offering all these courses is to ensure that graduates of the university are politely equipped and systematized with their academic knowledge in conjunction with their skill knowledge. All these courses are considered as packages sustaining some specific principles including spirituality, leadership, Islamization, internationalization, critical thinking, and so forth.

In this case Study Circle assists to fulfil the demand of spirituality through four packages, namely: *Fardu' Ain* (CCFB/S 10), special package for non-Muslim, *Halaqah*1 (CCHB/S 10) and *Halaqah*2 (CCHB/S 10). *Fardu' Ain* is conducted in a typical classroom style comprising a maximum 35 students per class. *Halaqah*1 and *Halaqah*2, in contrast, is handled through group discussion having maximum 15 students per session. These three packages are involved in the mainstream program of the CCAC.

Students are required to complete the three packages indicated by yellow colour in the following CCAC Study Plan (2013/2014) during their level one academic status/year as shown in Figure 2. Based on various demands, needs, interests and claims of a large number of students coming from diverse educational background CCAC has generated explicit teaching modules. The objectives of *Fardu' Ain* (CCFB/S 10) teaching module are to "equip the students with basic knowledge of important practices in day-to-day life of a Muslim, teach the students the proper ways of performing the daily *'Ibadah*, inculcate the spirit of *'Ibadah* to achieve a balanced personality" (CCAC Study Circle Module, 2013-2014). As a learning outcome it is expected from the *Fardu' Ain* (CCFB/S 10) that at the end of the course students will be capable to "explain the basic daily *'Ibadah* and its importance in Muslims' life, demonstrate how to perform the daily *'Ibadah* as prescribed by *Shariah*" (CCAC Study Circle Module, 2013-2014).

Accordingly the module of *Halaqah*1(CCHB/S 10) is aimed at enhancing "students' commitment to the Islamic way of life that is based on *Qur'an* and *Sunnah*, generate the spirit of Islamic Brotherhood that transcends ethical and cultural identities, enable students to understand the different aspects of contemporary social realities" (CCAC Study Circle Module, 2013/2014). Students of *Halaqah*1 are required to memorize *Mathurat-Sugra*, five selected *Doa'*, selected *Qur'anic* verses from Surah *Al-Isra'* 22-39 and Surah *Al-Hasyr* 8-10, five selected *Hadith* (1, 5, 6, 10, 23) among forty *Hadith*. By the end of the course *Halaqah*1 module expects to enable students to "memorise important passages from the *Qur'an*, *Hadith* and *adhkar* that relate to personality enhancement, demonstrate Islamic *adab* of learning, interactions and brotherhood and respond to the different aspects of contemporary social realities" (CCAC Study Circle Module, 2013/2014).



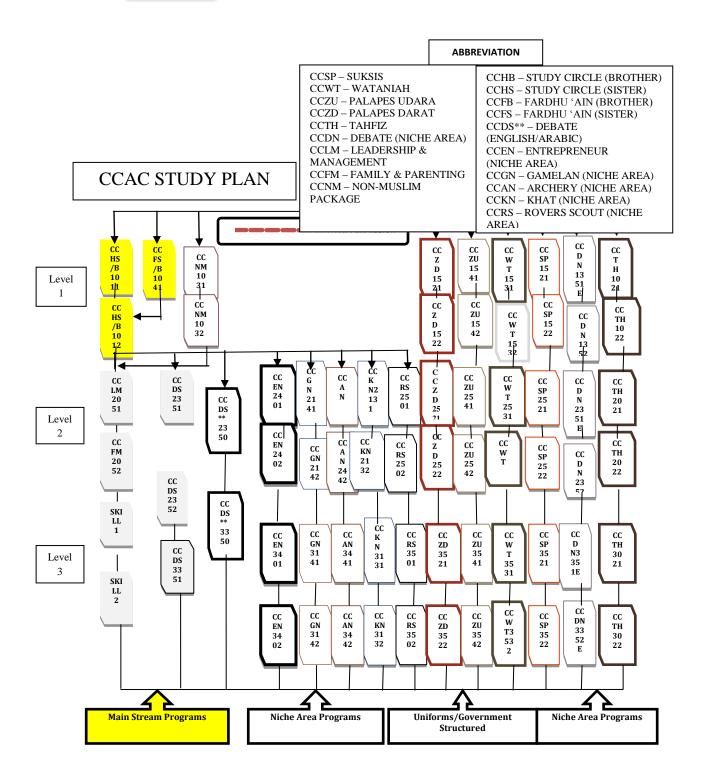


Figure 2. CCAC Study Plan (2013/2014)

http://mojem.um.edu.my



Likewise the objectives of *Halaqah2* (CCHB/S 10) module are to "equip students with knowledge, *adab* and skills of *Istiqamah* (steadfastness) to face contemporary challenges, instill the principles of *Istiqamah* in students' personality, inculcate strong conscience of *Istiqamah* through *Da'wah* and *tarbiyah*" (CCAC Study Circle Module, 2013/2014). In *Halaqah2*, like *Halaqah1*, students' need to memorize *Mathurat-Kubra*, selected five *Doa'*, some selected *Qur'anic* verses such as Surah *Al-Furqan* 63-77 and Surah *Al-Mu'minun* 1-11, five selected *Hadith* (12, 17, 20, 27, 38) among forty *Hadith*. Consequently, the learning outcome of *Halaqah2* (CCHB/S 10) module is that students will be able to "explain the significance of *Istiqamah* in life, demonstrate the quality of *Istiqamah* in class activities, and suggest solution to contemporary problems from [the] Islamic perspective" (CCAC Study Circle Module, 2013/2014).

Each student of study circle is assessed in accordance with their class participation, Islamic dress, punctuality, teamwork, *akhlaq*, presentation, assignment, memorization, practical test and final examination. However it is obviously noticed that some students of Study Circle were reluctant to attend the class. To them performing such a lot of activities in study circle class is toilsome and over burdens them by adding to their academic schedule. They also consider that study circle program always forces them to give equal emphasis to some work that they do not prefer to do. Most of the students face difficulties memorizing the selected memorization package by one semester. Nevertheless, it is important to consider that the Study Circle program assists the graduates to enrich their fundamental Islamic teachings and Islamic way of life.

In addition, Hayati (2000) examined the significance of *Halaqah* in inculcating spirituality among IIUM Gombak students. Ahmad (2010) investigated the importance of discussion method of teaching being used in the *Halaqah*. Yet, in their findings no model has been developed to persuade the students to be involved in the study circle. As such, the broad objective of this study is to develop and validate the study circle measurement model for evaluating students' confirmation and motivation to involve in the study circle program in higher education.

## METHODOLOGY

The respondents for this study comprised students from different faculties using stratified random sampling procedure. A total of 250 undergraduate students were selected from the Study Circle program under CCAC of IIUM. The students were from various bachelor degree programs such as Islamic Revealed Knowledge and Human Sciences, Economics, Engineering, Education, and Information and Communication Technology. All of them were in their first or second year of study. The sample size was considered adequate for the application of Exploratory Factor Analysis (EFA) and Structural Equation Modelling (SEM) as supported by the prior studies done by Hair, Black, Babin, and Anderson (2010). Data analysis was conducted using SPSS version 16.0. Various demographic attributes of the respondents were highlighted through descriptive analyses. The sample comprised 45% male and 55% female undergraduate students, and represented 72% local and 28% international students.



#### **Research Instrument**

A five-point Likert scale that demonstrated degrees of agreement (from strongly disagree to strongly agree) was applied to capture the students' perceptions about the study circle. The questionnaire was locally developed by authors as well as experts. The instrument consisted of two parts. The first section collected demographic information and second section consisted of 20 items. After developing the questionnaire, the preliminary exploratory factor analysis was conducted in a pilot test for validating the items. Nevertheless, the results of the pilot test showed that each of the items demonstrated a single underlying factor, with the exception of three items (Q9, Q10 and Q12). These three items were reconstructed for the final instrument.

## **Reliability and Validity of Instrument**

The instrument reliability and validity tests were performed by using SPSS. The questionnaire validity was conducted using exploratory factor analysis (EFA). The purpose of the EFA is to develop and validate the psychometric properties to assess the underlying factors influencing the students' involvement in the study circle program. The preliminary EFA was estimated with 20 items. The findings of EFA showed that the students' perceptions of study circle are represented by the five underlying components while the fifth component was represented by two items, with the exception of item (Q10) which had cross loading. As a result, the researchers decided to drop the items to validate and estimate the instrument. After deleting the items (Q10, Q11, Q12 and Q19), the results of EFA demonstrated that the extent of inter-correlation among the variables is statistically significant. There was no correlation greater than .80 which exhibits that the items were free from multi-collinearity. Similarly, the inter-correlation among the items justified the beginning of EFA as demonstrated by anti-image matrices where all variables showed more than .64 correlations between them. The Kaiser-Meyer-Olkin assessment of sampling adequacy was .855, showing the suitability of the data for EFA. In the meantime, Bartlett's Test of Sphericity was found to be statistically significant (p = .000), which was identifying the adequate correlation between the variables. Moreover, the four-factor elucidation achieved from the EFA with varimax rotation after dropping few items, the total variance explained by the measures was 65.022% which depicted that the items were competent for endorsing student involvement in study circles. The items were factorable into four dimensions such as teacher, friend, students' interest and time. Besides, the greater Eigen value was achieved on the first component of 5.493, while the other three components discovered values of 2.415, 1.298 and 1.198, respectively. Communalities estimates for each of the variables were greater than .521.

The rotated component matrix revealed four valid factors, namely teacher, friend, students' interest and time. The first component, teacher, represented by the six items recognized loadings ranging from .618 to .851, demonstrating statistically significant variables and explained 34.329% of the total variance. The second component, friend was characterized by the three items indicated loadings from .612 to .816 and explained 15.091% of the total variance. The third component, students' interest comprised the three items and revealed loadings from .689 to .849 and explained 8.115% of the total variance. Eventually, the fourth component, time, integrated the three items and showed loadings from .696 to



.827; it explained 7.488% of the total variance. A set of 4 reliability analyses were executed on the responses that evaluated each construct for students. A synopsis of the reliability for all factors is exhibited in Table 1.

## Table 1

Cronbach's Alpha for Each Factor Measured

Respondents	Factors	Cronbach's alpha Values	
Students	Teacher	.884	
	Friend	.732	
	Students' interest	.687	
	Time	.711	

## RESULTS

## The Hypothesized Study Circle Measurement Model

The measurement model of study circle comprised four-common factors namely teacher, friend, students' interest and time. The Confirmatory Factor Analysis (CFA) was analyzed with 15 items; each item was predicted to load only on its respective construct. The majority of the items revealed a loading greater than .70, with the highest and the lowest being .90 and .44, respectively. The results indicated that the parameters were free from offending estimates. The overall fit indices showed a satisfactory fit to the empirical data:  $\chi^2$  (df = 84) = 158.788; p = 0.000; RMSEA = 0.060; CFI = 0.948; TLI = 0.935 as supported by Byrne (2000). However, the interrelationships among the constructs namely teacher and students' interest, as well as friend and students' interest were found to be negative path coefficients as shown in Figure 3, and contradicting with statistical requirements. As such, the study circle measurement model requires revision.



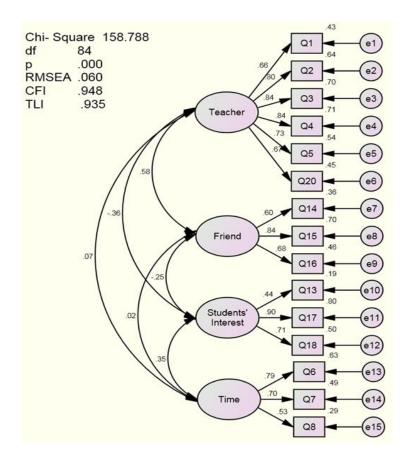


Figure 3. The Hypothesized Study Circle Measurement Model

## The Revised Study Circle Measurement Model

The hypothesized measurement model was revised and estimated in order to assess its overall adequacy using the maximum likelihood estimation procedure of the confirmatory factor analysis. The findings demonstrated that the revised fifteen-item measurement model was consistent with the data. The item loadings were statistically significant as shown in Figure 4.



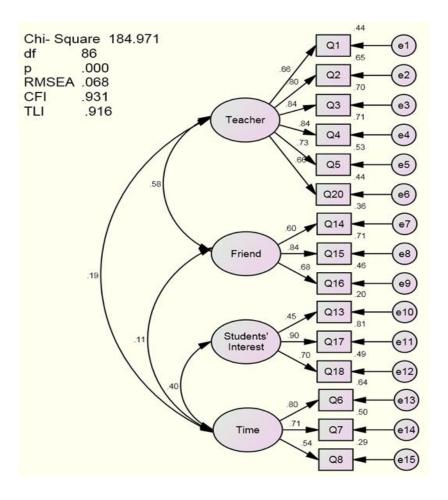


Figure 4. The Revised Study Circle Measurement Model

The model's overall fit indices exhibited satisfactory goodness-of-fit statistics to the empirical data; the model chi-square was statistically non-significant,  $\chi^2$  (df = 86) =184.971, p = .000 and the root mean square error of approximation (RMSEA) showed a value of .068, which fell inside the acceptable range of 0.080. The values of the comparative fit index (CFI) and the Tucker-Lewis index (TLI) were .931 and .916, respectively. The parameters were free from offending estimates and standardized factor depicted loadings ranging from .45 to .84 as shown in Table 2. The results also show that the interrelationships, namely between teacher and friend, and students' interest and time, were found to be statistically significant ( $\beta$  = 0.58, and  $\beta$  = 0.40, respectively). However, the other two interrelationships, namely, between teacher and friend and time, were discovered to have slightly low path coefficients of 0.19 and .11, respectively, from the minimum threshold value of 0.20.



# Table 2Measurement of the Variables of the Revised Study Circle Model

Constructs		Items	Loadings	М	SD	α
Teacher	Q1	Teachers in Halaqah Program are knowledgeable.	.66	4.176	.807	
	Q2	I can ask any question to my Halagah teachers.	.80	4.064	.823	0.004
	Q3	Halaqah teachers help me to make my lessons easy.	.84	3.976	.825	0.884
	Q4	Halaqah teachers help me to improve my religious activities.	.84	4.168	.730	
	Q5	Halaqah teachers make the classroom environment very attractive.	.73	3.756	.923	
	Q20	Teachers in Halaqah program influence me positively.	.66	3.960	.899	
Friend	Q14	I get many good friends from Halaqah program.	.60	3.872	.864	
	Q15	My friends encourage me to attend the Halaqah class regularly.	.84	3.436	1.005	0.732
	Q16	My friends help me to prepare my assignment.	.68	3.092	1.080	
	Q13	I attend in Halaqah class only for CGPA.	.45	2.316	1.225	
Students' Interest	Q17	For fulfilling my Academic Institutional condition I attend Halagah class.	.90	2.368	1.189	0.687
	Q18	Halaqah program improves my religious practice and understanding.	.70	2.804	1.143	
Time	Q6	Memorization for long time is forceful for me.	.80	2.764	1.149	
	Q7	I find it difficult to memorise during class time.	.71	2.960	1.107	0.711
	Q8	Study circle kills my study time.	.54	2.988	.963	



#### DISCUSSION

The result of this empirical research demonstrated that in study circle teachers are knowledgeable and students are free to ask any question to them. Moreover teachers assist the students to make their lessons easy and help the students to improve their religious activities and practices. Cruickshank, Jenkins, and Metcalf (2003) opine that effective teachers support students in multifarious ways and assist to fulfil their demands for belonging and victory. Study circle teachers, likewise, make the classroom environment very attractive and influence students positively. Thus from the findings it is perceivable that teachers are well experienced, helpful, caring and cordial with the students. Irvine (2001) cites "Students defined caring teachers as those who set limits, provided structure, held high expectations, and pushed them to achieve" (p. 6-7).

Students' interest, therefore, was another valid factor of this study. Shroff and Vogel (2010) noted that *"student interest has a positive effect on learning and academic achievement"* (p. 279). After analyzing the data it was noticed that students attend in study circle class only for maintaining their CGPA and for fulfilling the requirement of their academic institutional condition too. Hence, this Study Circle program motivates students to improve their religious practices and understanding. The students however say that they involve themselves in study circle program only for certain mandatory conditions enforced by their educational institution. On the other hand, it is acknowledged that through this program their religious knowledge expands tremendously.

Notwithstanding, students are very enthusiastic regarding their friends. The data analysis showed that they make many good friends through the study circle program. These friends, accordingly, encourage them to attend the class regularly. Again, friends are so helpful to the students in preparing their assignments. Apparently it is found that friends have more capabilities to influence their classmates to be attentive in their study.

Concerning time schedule of study circle class, students are not contented as "*Time Tracking is fairly straightforward*" (Poser, 2003, p. 3). Therefore result indicated that students feel forceful for memorizing long time and also they face difficulty to memorize the selected texts during the class period. Even they comprehend that study circle program tasks eat into other academic study time. Subsequently, as can be seen from the results, time becomes a major challenging factor for students to cope up with their regular class time.

Eventually, the findings also revealed significant positive interrelationships among the constructs, namely, teacher and friend, and students' interest and time of the study circle measurement model.

## CONCLUSION

From the discussion it can be concluded that Study Circle teachers are qualified. They are friendly and frank with their students. They facilitate the lessons for students. So teachers should be more careful to make the learning easy rather than intricate. This principle is applied by the Messenger in his preaching (Al-Khalediy, 2011, p. 44). Accordingly it should be the earnest appeal to the teachers of the Study Circle to facilitate the teaching and not to complicate.



Moreover, students' interest is very obvious from the findings which indicate that they are bound to attend study circle class only for fulfilling university requirements. Besides these they also admitted that through this course they get inspiration to improve the depth of their religious expertise. Thus it should be the target of each student to learn not merely for achieving higher degree rather for acquiring religious knowledge and applying it throughout their whole lives. Therefore students have to ensure that "they apply the received education in their individual and social life" (Al-Khalediy, 2011, p. 44).

Students' passionate love, in other words, towards their friends is evident from the data analysis. They get stimulation to be more attentive in the class and studies from their friends. Students prepare assignments with the co-operation of their friends. According to Khaled al-Khalediy (2011) for achieving the goal of study co-operation is essential. Therefore coming to study circle class students find good friends. Allah (SWT) proclaims, "Friends on that Day will be foes one to another, except al-Muttaqun" (Az-Zukhruf, Verse-67). Good friends, likewise, are essential to stay on the path of *Istiqamah*. Regarding good friends Prophet Muhammad (SWA) says, "A person is likely to follow the faith of his friend, so look whom you befriend" (Abu Dawood, 1419H/1999M, Volume-1, Hadith No. 2696, p. 244).

Finally time has been found to be a valid and challenging factor among all valid factors of this study. The reason being that in study circle students are to memorize some selected *Qur'anic* verses, *Hadiths* and *Doas*. During class time they are to memorize these selected items; nonetheless students feel boredom and face difficulties in memorizing. To them study circle class time mars another study time, too. Consequently it can be recommended that to resolve these timing problem teachers can assist students by providing some additional time except their class time to the students to finish their memorization package within the ten sessions during each semester.

## RECOMMENDATION

This current group study was merely constrained among diverse undergraduate pupils of International Islamic University, Malaysia. Without using any qualitative approach, data of this study was only collected by distributing survey questionnaires among undergraduate students of IIUM. As a result a challenging question would be rise while generalizing Study Circle measurement model in higher education. It is suggested for the future researchers to include lecturers along with the students.

Therefore, this study would be helpful for those universities which are inclined to establish Islamic education and disseminate Islamic knowledge among all graduates since the study circle program is only offered in IIUM. So, other universities may consider this study as an example to enhance Islamic knowledge expertise of their Muslim students. Notwithstanding, further research is required to identify the educational value of the Study Circle Program.



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